March 22, 2024

#### Important Dates

March 25-29 – Spring Break (School Closed)

March 29 – Good Friday

March 31 – Easter Sunday

April 1 – Easter Monday (School Closed)

April 4 & 5 – Marmot Ski Trip

April 23 – School Council @ 7:00 p.m. in SGCHS Library

April 24 – TCT – Classes start @ 10:06 a.m.

April 25-28 – Band Trip

April 28 – Deadline to Order Grad Gown Packages

#### In this Edition

Page 1 – Admin Message

Page 2 – Graduation Information

Page 3 – June 2024 Exam Schedule

Page 4 – Online Safety Meeting

Pages 5 & 6 – Photos

Page 7 – Student Services Newsletter

Page 8 – Parent Run Grad Information

Pages 9-15 – Stronger Together Newsletter



#### Greetings, Folx.

Spring seems to have finally sprung, bringing warmer weather and melting snow, filling students and staff with extra energy. Spring Break is coming at the perfect time!

As we move into the last half of the school year, some of our athletic seasons have wrapped up. Huge congratulations to all teams for their hard work, with a special shout-out to our Senior Girls' Basketball Team for clinching top spot on the Consolation side of Provincials. Also, kudos to one of our Panther wrestlers, Anson Smale for his strong showing at provincials, coming home with third place in his weight class.

As we head into Spring Break, we also have exciting travel opportunities. Our Japan Trip left Thursday, March 21<sup>st</sup> and will be home on the 29<sup>th</sup>. Our German trip leaves on March 24<sup>th</sup> and will be returning April 3<sup>rd</sup>. Thanks to both trips' organizers and supervisors for giving up their Spring Breaks to make these learning experiences possible for our students. Safe travels to all!

As students dive into their second term courses and start thinking about the next school year, we want to remind everyone about upcoming Parent Teacher Interviews. You should have received an email outlining how to book your PHONE Parent Teacher interviews recently. There are no inperson interviews at this time as we are continuing with the flexibility requested by parents. If you are interested in a virtual interview, please book your phone slot and then set up a Zoom Meeting and invite the teacher to attend; otherwise teachers will be calling during the booked time. Bookings open on March 22<sup>nd</sup>. Please follow this link to book your interviews. If you did not receive this email, please reach out to our main office so that we can ensure we have your correct contact information.

Speaking of correct contact information, **Student Registrations are due this Friday, March 22, 2024.** Please take the time to complete this process so that we are aware of who will be with us next year. Registration is an important step for our initial planning. If you have a student who is returning to us, you access the registration forms by logging into your <u>PowerSchool</u> Account and looking for the RSVP button in the side navigation to launch the registration process. Students will begin the online course selection process after Spring Break. It's important that they know which courses to choose so they should be having conversations with their teachers, Grade Level Counselor and/or Grade Coordinator.

Those of you with Grade 12 students will notice a familiar face has a new title in our building. Mrs. Trish Spink is our new Acting Grade 12 Coordinator in Mr. Robertson's absence. The students and staff know the strengths she brings to this role; we are glad to have her supporting these young people as they complete their final steps to Graduation. Check out the Graduation Information later on in this newsletter.

Looking ahead to Graduation, the end of the school year, and summer vacation, it's important to plan around final exams, which run from June 14<sup>th</sup> to June 26<sup>th</sup>. We encourage families to avoid travel until after exams are finished. If a student misses an exam due to vacation, they will need to make it up later, potentially in July or August. Students are not permitted to write exams early. Our full exam policy can be found in the <u>Student Handbook</u> on the SGCHS website. Feel free to call the appropriate Grade Coordinator if you have questions regarding Final Exams. Our Final Exam Schedule has been included in this newsletter.

Here's hoping you all have a warm and wonderful Spring Break!

Cheryl Otto Principal, SGCHS



Save the Date!

Class of 2024 Commencement Ceremony

#### Edmonton Expo Centre - Saturday, June 8 @ 1PM

**Grad List** – The current Grad list is posted outside the main office. Know your status and work to ensure your graduation success!

**Grad Fees** – This \$45 fee must be paid through PowerSchool to attend the Commencement Ceremony and purchase your souvenir cap and gown.

**Grad Attire** – Once the Grad fee is paid, your souvenir cap and gown package can be ordered at <a href="https://www.buildagrad.ca/sgchs">https://www.buildagrad.ca/sgchs</a>. This link is also on the homepage of our <a href="https://www.buildagrad.ca/sgchs">website</a>. Order deadline is <a href="https://www.buildagrad.ca/sgchs">https://www.buildagrad.ca/sgchs</a>. This link is also on the homepage of our <a href="https://www.buildagrad.ca/sgchs">website</a>. Order deadline is <a href="https://www.buildagrad.ca/sgchs">https://www.buildagrad.ca/sgchs</a>. This link is also on the homepage of our <a href="https://www.buildagrad.ca/sgchs">website</a>. Order deadline is <a href="https://www.buildagrad.ca/sgchs">https://www.buildagrad.ca/sgchs</a>. This link is also on the homepage of our <a href="https://www.buildagrad.ca/sgchs">website</a>. Order deadline is <a href="https://www.buildagrad.ca/sgchs">https://www.buildagrad.ca/sgchs</a>. This link is also on the homepage of our <a href="https://www.buildagrad.ca/sgchs">website</a>. Order deadline is <a href="https://www.buildagrad.ca/sgchs">https://www.buildagrad.ca/sgchs</a>. This link is also on the homepage of our <a href="https://www.buildagrad.ca/sgchs">website</a>. Order deadline is <a href="https://www.buildagrad.ca/sgchs">https://www.buildagrad.ca/sgchs</a>. This link is also on the homepage of our <a href="https://www.buildagrad.ca/sgchs">website</a>. Order deadline is <a href="https://www.buildagrad.ca/sgchs">https://www.buildagrad.ca/sgchs</a>.

**Baby Pictures** - Enter the STUDENT'S FULL NAME in the subject line of an email to <u>sgchsbabypics2024@gmail.com</u> to have your graduate's baby photo included in the pre-ceremony slideshow! The deadline for submission is **March 28**.

**Hoodies** – Class of 2024 Grad hoodies are now available for \$30 + GST through your PowerSchool account. Order your swag today!

Tickets – Tickets go on sale at the start of May. Stay tuned for all the fine details



Check our website for the latest SGCHS news and information!



If you have any questions regarding the Commencement Ceremony, please contact Roberta Lux at roberta.lux@psd.ca or call 780-962-0800

#### **SGCHS Final Exam Schedule - June 2024**

Students should arrive at their exam location 15 minutes BEFORE exam start time! Grade 10 & 11 Final Exam Instructions. Copies will be made available at each supervision location.

DATE	AM/PM	SCHOOL EXAMS & LOCATIONS	АМ	DIPLOMA EXAMS & LOCATIONS					
June 11 (Tuesday)			9am - 12pm	English 30-1, 30-2 Part A (Small Gym)					
June 12			9am -	Social Studies/Etudes 30-1, 30-2 Part(ie) A					
(VVednesday)			12pm	(Small Gym + Library)					
			9am - 11:30pm	Social Studies/Etudes 30-2 Part A (Small Gym + Library)					
<b>June 13</b> (Thursday)			9am - 12pm	French Language Arts 30-1/30-2 Partie A (Library)					
June 11 to 13 (Tues., Wed. & Thurs)	Études sociales 10-1 & 10-2 Partie A (These Part A Exams are completed within your classroom & with your teacher; your teacher will communicate the specific day and block for each section)								
June 13 (Thursday)	Last Day of Regular Classes for ALL Students (Desk Movement Day Block 4)								
June 14 (Friday)	8:30am	Social Studies 20-1 Part A (Large Gym) Social Studies 20-2 Part A (Large Gym) French Language Arts 20-1, 20-2 Part A (Large Gym)	9am - 12pm	French Language Arts 30-1/30-2 Partie B (Library)					
	12:00pm	English 10-1 Part A (Large Gym) English 10-2 Part A (Large Gym)							
DATE	АМ/РМ	SCHOOL EXAMS & LOCATIONS	АМ	DIPLOMA EXAMS & LOCATIONS					
June 17 (Monday)	8:30am	English 20-1 Part A (Large Gym) English 20-2 Part A (Large Gym)	9am - 12pm	Mathematics 30-1, 30-2 ( <mark>Small Gym</mark> )					
	12:00pm	Social Studies 10-1 Part A (Large Gym) Social Studies 10-2 Part A (Large Gym) Mathematics 30-3, Mathematics 31 (Large Gym)							
<b>June 18</b> (Tuesday)	8:30am	Science 10, 10FI, 14 (Large Gym)	9am - 12pm	English 30-1, 30-2 Part B (Small Gym)					
	12:00pm	Science 20, 24 (Large Gym) Chemistry 20 (Large Gym)							
<b>June 19</b> (Wednesday)	8:30am	Biology 20 (Small Gym)	9am - 11:30pm	Social Studies/Etudes 30-1 Part(ie) B					
	12:00pm	French 30 (Small Gym) German 10, 20, 30 (Small Gym) Japanese 20, 30 (Small Gym)		Social Studies/Etudes 30-2 Part(ie) B (Large Gym)					
<b>June 20</b> (Thursday)	8:30am	Mathematics 10C, 10CT, 10-3 (Large Gym)	9am - 12pm	Biology 30 (Small Gym)					
	12:00pm	Mathematics 20-1, 20-2, 20-3 (Large Gym)							
June 21 (Friday)	National Indigenous People's Day (No Exams)								
DATE	AM/PM	SCHOOL EXAMS & LOCATIONS	АМ	DIPLOMA EXAMS & LOCATIONS					
June 24 (Monday)	8:30am	Etudes Sociale 10-1, 10-2 Partie B (Large Gym) Social Studies 10-1, 10-2 Part B (Large Gym)	9am - 12pm	Chemistry 30 ( <mark>Small Gym</mark> )					
	12:00pm	Social Studies 20-1, 20-2 Part B (Large Gym) French Language Arts 20-1, 20-2 Partie B (Large Gym)							
June 25 (Tuesday)	8:30am	English 10-1, 10-2 Part B (Large Gym)	9am - 12pm	Physics 30 (Small Gym)					
	12:00pm	English 20-1, 20-2 Part B (Large Gym)							
June 26 (Wednesday)	8:30am	Physics 20 (Large Gym)	9am - 12pm	Science 30 (Small Gym)					
	12:00pm	Conflict Exams (Large Gym)	1						
<b>June 27</b> (Thursday)	No Exams & No Students Attend								
June 28 (Friday)	PD Day - Last Day for Staff (No Students)								

#### Online Safety for Children & Young Adults: an Information Meeting with Cst. Gord Marshall, Parkland RCMP

The Prescott Learning Centre School Council would like to extend an invitation to any interested community members to attend a presentation and discussion on the topic of Online Safety. Parkland RCMP Cst. and former School Resource Officer Gord Marshall will share his experiences an provide useful strategies for parents and guardians for protecting children and young adults while online.

Where: Prescott Learning Centre, 340 Pioneer Road, Spruce Grove

When: Wednesday, April 3<sup>rd</sup> @ 7:00 p.m.

Who (can attend): The parents and guardians of children and young adults and any interested community members

No RSVP required, we hope to see you on the 3rd.

Sincerely, PLC School Council



Sr. Girls Basketball





#### **Cosmetology**





## From the Student Services Office

We trust you will have a wonderful Spring Break and come back rested and ready to finish this semester off! How quickly June approaches with all the graduation preparation, post secondary/career planning, and more!



get up-to-date info by following us on IG (sgchs\_student\_services)

#### **Course Selections for next year**



Soon after spring break, we will be assisting students with choosing their courses for next year. There will be assemblies to give instructions and then the students will be able to complete it on their own. Start planning!

.....

4.....

#### Grade 12 Awards

Awards application is open until April 19th. If you would like to be considered for any of the grade 12 awards, please fill out the online application.

Find it at https://sgchs.psd.ca/students/awards



i.....

#### **Career Fair**

We are excited to host a career fair on Wednesday, April 24th. There will be multiple businesses and organizations available to showcase the different careers students can go into! Every student will have a chance to visit the tables and get more information.

04

Alberta myPass

Please sign up for your myPass account! This is a great way to see your progression through high school, diploma results, credits, and more!

- go to mypass.alberta.ca
- Sign in with Education Account
- use PERSONAL email not psdblogs email



The SGCHS Parent Run Grad Committee is pleased to share the details for the **Grad 2024 Dinner** and **Dance**.

- Date: June 15, 2024
- Location: Heritage Park Pavillion, 5100 41 Ave, Stony Plain
- Doors Open: 5:00 pm (bag check for security/insurance purposes, NO alcohol will be allowed)
- Dinner: 6:30 pm
- Dance (Students Only event): 9:00 pm 12:00 am

Tickets must be purchased via RAMP under the **students name** only, starting April 1, 2024 by the below link:

http://sgchsparentrungrad.rampregistrations.com/

Dinner and Dance - \$50 + minimal processing fee.

Dance only - \$20

Ticket Sales will occur in 2 rounds:

- The first opportunity to purchase tickets will be *April 1-30, 2024*. Each student will be allotted 4 tickets (including the graduate).
- A 2<sup>nd</sup> opportunity to purchase additional tickets is dependent on round one sales and will open *May 1, 2024*. Ticket sales will close on *May 17*, no tickets will be sold after this date (no exceptions) as guest numbers must be submitted to caterer.

Additional details regarding tickets can be found on the link above starting April 1<sup>st</sup>.

To be added to our distribution list or if you have questions or concerns, please email <u>sqchsparentrungrad@gmail.com.</u> For up to date information please also follow us on our Facebook page – SGCHS Parent Grad Committee Class of 2024

## Please note, the SGCHS Parent Run Grad Committee is 100% PARENT VOLUNTEER and is run completely separate from the High School and School Division.



## **Stronger Together**

A monthly newsletter with information to help you and your family navigate your child's educational journey.

#### April 2024 - HEALTHY FAMILIES

**SPRING HAS SPRUNG!** 

#### What's Inside

Upcoming Sessions	#2-3
Community Learning Sessions	#4
Community Learning Sessions cont'd and AHS information	#5
Community Activities and Grief Group	#6
Community Food Resource Calendar	#7

The weather starts to get warmer, the sun shines a little brighter, and life just seems full of new beginnings. Spring is the season for rebirth, growth, and a perfect time to reassess, recommit, and recharge. Whether it's by planting those first bulbs in the ground or doing some spring cleaning to clear out the winter stagnation; change, light, and life are all things that will surely blossom!



#### **SPRING BREAK CAMPS:**

Town of Stony Plain - Sports Fest - FREE ages 11-17

### Contact Us

#### **Fristy Thomas**

Division Family Support Coordinator e: fristy.thomas@psd.ca p: 780-819-9607

#### Nicole Toma

Division Family Support Coordinator e: nicole.toma@psd.ca p: 780-819-1962 School Break Camp - The City of Spruce Grove - ages 6-12

#### Tri-Leisure Spring Break Camps - ages 6-12

Be sure to check out the Public Libraries and Stony Plain Youth Centre for more activities!!

Stony Plain Youth Centre

Spruce Grove Public Library

Stony Plain Public Library



\*\*Click on each listing to take you you to the website

#### **APRIL STRONG FAMILIES SESSIONS**

Parkland School Division is proud to partner with the Alberta Parenting For The Future Association (APFA) to present TWO FREE information sessions for local families this month:



#### Strong Families: Transitional Support Information Night Part 3

April 10, 2024 6:30pm - 8:00pm Location: Family Connection Centre 5600-50 street, Stony Plain

Attendees will be able to take what they learned in part one and two of this information night and use laptops to fill out applications and get support with RDSP/DTC. Gateway will be on hand to answer any questions and offer guidance as needed. This session is part three of a three-part series. If you have any questions, please contact Parkland School Division Family Supports at 780-963-8412. Reserve a spot by registering on Eventbrite. Click on the image for more details!

#### Strong Families: How to Communicate with Your Youth

April 16, 2024 6:30pm - 8:30pm Location: PSD Division Office 4603-48st, Stony Plain



This presentation will begin by defining the elements of healthy relationships including boundaries and consent. The goal of the first half is to inform guardians on language they can use to support their children. The second half is dedicated to healthy parent-child relationships; how to develop healthy habits with your children and how to teach them about consent, conflict, and how to recognize healthy or unhealthy behaviors in others. If you have any questions, please contact Parkland School Division Family Supports at 780-963-8412.

This session is also in partnership with The Saffron Centre. Here, they provide specialized counselling services for anyone who has experienced recent or historic sexual assault. Click on their logo to be directed to their website.



#### PARKLAND SCHOOL DIVISION FAMILY SESSIONS:

## PARENT ADVOCACY SUPPORT & SERVICES SESSION

\*Early Years Focus DATE: April 12, 2024 LOCATION: Family Connection Centre 5600-50st, Stony Plain

#### TIME: 9:00am - 10:30am



This session aims to empower parents with the necessary tools and knowledge to effectively advocate for their children's needs within our community. The session will highlight available resources, support networks, and services, equipping parents with the skills to navigate educational, healthcare, and social systems on behalf of their children., fostering a proactive and informed approach to parental advocacy. This is a FREE PSD Session, If you have any questions, please call 780-963-8429. Registration is suggested. Click on the image to take you to the link!





NEW TO A DIAGNOSIS: AUTISM AND COMMUNITY SUPPORTS \*Early Years Focus DATE: April 26, 2024 LOCATION: Family Connection Centre 5600-50st, Stony Plain TIME: 9:00am - 10:30am

3

Join Psychologist, Joel Pukalo, from Family Life Psychology & Wellness, for this information session on Autism. Whether your child has a new diagnosis or you are wanting to gather more information and have questions, this session will provide answers to your questions. Next steps after a diagnosis and resources available will also be covered. This is FREE PSD Session. If you have any questions, please call 780-963-8429. Registration is suggested. Click on the image to take you to the link!



This Spring, the City Of Spruce Grove is holding a Financial Literacy Workshop!

This series is offered in partnership with United Way (Each One Teach One Program)

Workshops are for adults, youth, and a special session for seniors in May! See the poster for more information





#### **Basic Budgeting**

Date: Tuesday, April 9 Time: 6:30 p.m. - 8:00 p.m. Ages: Adults and young adults Cost: Free Location: Stony Plain CSD, 107-4613 52<sup>nd</sup> Avenue, Stony Plain Registration: Register online\_ or call 780-591-3355

#### **Debt Smarts**

Date: Tuesday, April 16 Time: 6:30 p.m. - 8:00 p.m. Ages: Adults and young adults Cost: Free Location: Stony Plain CSD, 107-4613 52<sup>nd</sup> Avenue, Stony Plain Registration:: Register online or call <u>780-591-3355</u>

#### **Identity Theft**

Date: Tuesday, April 23 Time: 6:30 p.m. - 8:00 p.m. Ages: Adults and young adults Cost: Free Location: Stony Plain CSD, 107-4613 52<sup>nd</sup> Avenue, Stony Plain Registration: Register online\_ or call 780-591-3355







#### FINANCIAL LITERACY WORKSHOP SESSION INFO CONTINUED:

RESPs (Registered Education Savings Plan) Date: Tuesday, May 21 Time: 6:30 p.m. - 8:00 p.m. Ages: Adults and young adults Cost: Free Location: Stony Plain CSD, 107-4613 52<sup>nd</sup> Avenue, Stony Plain Registration: Register online or call 780-591-3355

Financial Wellness for Seniors Date: Tuesday, May 28 Time: 6:30 p.m. - 8:00 p.m. Cost: Free Location: Stony Plain CSD, 107-4613 52<sup>nd</sup> Avenue, Stony Plain Registration: <u>Register online</u> or call <u>780-591-3355</u>



# STAY HEALTHY THIS SPRING

With Spring comes cold and flu season... Remember that Alberta Health Services has two programs for Alberta residents to help answer your health questions. Click on the images to take you to the Alberta Health Services websites.







#### \*\*CLICK ON THE IMAGES TO LEARN MORE ABOUT THESE COMMUNITY ACTIVITIES!!



#### Supporting Children Through Grief DATE: April 9, 2024 - May 21, 2024 TIME: 4:00 - 5:00pm LOCATION: Family Life Psychology & Wellness Unit #226, 20 Westwind Drive, Spruce Grove

Grief can be overwhelming experience for children, and it is crucial to provide them with the necessary support. Facilitated by Harmony Nimchuk, Registered Provisional Psychologist, the support group will help children manage their grief through psychoeducation and emotion mapping while teaching them practical strategies to grieve. This group is FREE for children ages 10-13 years of age. Click on the image for more information and how to register. Brought to you by:



Alberta Parenting for the Future Association

6

STRONGER TOGETHER NEWSLETTER											
	APRIL 2024										
Sun	Mon	Tue	Wed	Thu	Fri	Sat					
	1	2	3	4	5	6 Food for the Soul 10am - 1pm (bagged lunches & take home food products)					
7	8	<i>9</i> <u>Auggie's Café</u> 11am - 1pm (community meal & take home food products)	10	11	12 Grace's Table 5pm - 6:30pm (take-out supper & take home food products) *registration re- quired	13					
14	15	16 Auggie's Café 11am - 1pm (community meal & take home food products)	17	18	19	20 Food for the Soul (bagged lunches & take home food products)					
21	22	23 <u>Auggie's Café</u> 11am - 1pm (community meal & take home food products)	24	25	26 <u>Community Table</u> 5pm - 6:30pm take-out supper & take home food products) *registration re- quired	27					
28	29	<i>30</i> Auggie's Café 11am - 1pm (community meal & take home food products)									